

1st Home Care Limited
Report and Financial Statements
Year Ended
31 March 2016

Company Number SC272838

1st Home Care Limited

Company Information

| | |
|----------------------------|---|
| Directors | A N Kirkby J McDonald |
| Company secretary | S J R Lett |
| Registered number | SC272838 |
| Registered office | 12B Burnbank Road Falkirk FK2 7PE |
| Independent auditor | BDO LLP 1 Bridgewater Place Water Lane Leeds LS11 5RU |

1st Home Care Limited

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1st Home Care Limited

**Directors' report
For the Year Ended 31 March 2016**

The directors present their report and the financial statements for the year ended 31 March 2016.

The comparative results are for the 18 month period 31 March 2015.

Principal activities

The principal activity of the company is homecare services.

Directors

The directors who served during the year were:

B R Hutchinson (resigned 31 March 2016)
A N Kirkby

J McDonald was appointed as a director on 19 April 2016.

Political and charitable contributions

During the year under review a £Nil (2015 - £124,812) donation was paid to the parent charity, Real Life Options.

Disclosure of information to auditor

Each of the persons who are directors at the time when this directors' report is approved has confirmed that:

- so far as that director is aware, there is no relevant audit information of which the Company's auditor is unaware, and
- that director has taken all the steps that ought to have been taken as a director in order to be aware of any relevant audit information and to establish that the Company's auditor is aware of that information.

Post balance sheet events

The commercial activities of Alpha Homecare (Scotland) Limited, Lowland Care Services Limited and Senior Service (Edinburgh) Limited, fellow subsidiaries of Real Life Options, the ultimate parent company, were transferred to the company with effect from 1 April 2016.

Auditors

The auditor, BDO LLP, will be proposed for reappointment in accordance with section 485 of the Companies Act 2006.

In preparing this report, the directors have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the board on 15 November 2016 and signed on its behalf.



A N Kirkby
Director

1st Home Care Limited

Directors' responsibilities statement

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom accounting standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of the profit or loss of the Company for that period.

In preparing these financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions, to disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

1st Home Care Limited

Independent Auditor's report to the members of 1st Home Care Limited

We have audited the financial statements of 1st Home Care Limited for the year ended 31 March 2016 which comprise the Statement of Comprehensive Income, the Statement of Financial Position, the Statement of Changes in Equity and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As explained more fully in the statement of directors' responsibilities, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's (FRC's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

A description of the scope of an audit of financial statements is provided on the FRC's website at www.frc.org.uk/auditscopeukprivate.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2016 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with requirements of the Companies Act 2006.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements.

1st Home Care Limited

Independent Auditor's report to the members of 1st Home Care Limited

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements and the directors' report in accordance with the small companies regime and to the exemption from the requirement to prepare a strategic report.

BDO LLP

Linda Cooper (Senior statutory auditor)
for and on behalf of BDO LLP, Statutory auditor
Leeds
United Kingdom

21 NOVEMBER 2016

BDO LLP is a limited liability partnership registered in England and Wales (with registered number OC305127).

1st Home Care Limited

Statement of comprehensive income
For the Year Ended 31 March 2016

| | Note | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|--|------|-------------------------------------|---|
| Turnover | 4 | 2,895,451 | 5,120,630 |
| Cost of sales | | (2,469,790) | (4,154,387) |
| Gross profit | | 425,661 | 966,243 |
| Administrative expenses | | (296,745) | (354,611) |
| Other operating income | 5 | - | 12,115 |
| Operating profit | 6 | 128,916 | 623,747 |
| Income from fixed assets investments | | - | 36,000 |
| Interest payable and expenses | 10 | (606) | (916) |
| Profit before gift aid and tax | | 128,310 | 658,831 |
| Gift aid | | - | (124,812) |
| Tax on profit | 11 | (18,867) | (97,566) |
| Profit for the year | | 109,443 | 436,453 |
| Other comprehensive income | | - | - |
| Total comprehensive income for the year | | 109,443 | 436,453 |

The notes on pages 8 to 19 form part of these financial statements.

1st Home Care Limited
Registered number: SC272838

Statement of financial position
As at 31 March 2016

| | Note | 2016 £ | 2015 £ |
|--|------|------------------|------------------|
| Fixed assets | | | |
| Tangible assets | 13 | 16,599 | 20,513 |
| | | <u>16,599</u> | <u>20,513</u> |
| Current assets | | | |
| Debtors: amounts falling due within one year | 14 | 1,234,865 | 1,208,807 |
| Cash at bank and in hand | | 368,248 | 182,560 |
| | | <u>1,603,113</u> | <u>1,391,367</u> |
| Creditors: amounts falling due within one year | 15 | (226,804) | (128,150) |
| Net current assets | | <u>1,376,309</u> | 1,263,217 |
| Total assets less current liabilities | | <u>1,392,908</u> | 1,283,730 |
| Provisions for liabilities | | | |
| Deferred tax | 16 | (25,080) | (25,345) |
| Net assets | | <u>1,367,828</u> | <u>1,258,385</u> |
| Capital and reserves | | | |
| Called up share capital | 17 | 2 | 2 |
| Profit and loss account | | 1,367,826 | 1,258,383 |
| Shareholders' funds | | <u>1,367,828</u> | <u>1,258,385</u> |

The Company's financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf on

18 November 2016.



A N Kirkby
 Director

The notes on pages 8 to 19 form part of these financial statements.

1st Home Care Limited

Statement of changes in equity
For the Year Ended 31 March 2016

| | Share capital £ | Retained earnings £ | Total equity £ |
|--|--------------------|------------------------|-------------------|
| At 1 April 2015 | 2 | 1,258,383 | 1,258,385 |
| Comprehensive income for the year | | | |
| Profit for the year | - | 109,443 | 109,443 |
| Total comprehensive income for the year | - | 109,443 | 109,443 |
| At 31 March 2016 | 2 | 1,367,826 | 1,367,828 |

Statement of changes in equity
For the Year Ended 31 March 2015

| | Share capital £ | Retained earnings £ | Total equity £ |
|--|--------------------|------------------------|-------------------|
| At 1 October 2013 | 2 | 842,930 | 842,932 |
| Comprehensive income for the period | | | |
| Profit for the period | - | 436,453 | 436,453 |
| Total comprehensive income for the period | - | 436,453 | 436,453 |
| Dividends: Equity capital | - | (21,000) | (21,000) |
| Total transactions with owners | - | (21,000) | (21,000) |
| At 31 March 2015 | 2 | 1,258,383 | 1,258,385 |

The notes on pages 8 to 19 form part of these financial statements.

1st Home Care Limited

Notes to the financial statements For the Year Ended 31 March 2016

1. General information

1st Home Care Limited is a company, limited by shares, incorporated in Scotland under the Companies Act. The address of the registered office is shown on the company information page. The nature of the company's operations and its principal activities are outlined in the Directors' Report.

2. Accounting policies

2.1 Basis of preparation of financial statements

The presentation currency of these financial statements is Pounds Sterling.

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102, the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland and the Companies Act 2006.

Information on the impact of first-time adoption of FRS 102 is given in note 23. The date of transition was 1 April 2014.

The preparation of financial statements in compliance with FRS 102 requires the use of certain critical accounting estimates. It also requires management to exercise judgment in applying the Company's accounting policies (see note 3).

The following principal accounting policies have been applied:

2.2 Financial reporting standard 102 - reduced disclosure exemptions

The company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by the FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland":

- the requirements of Section 4 Statement of Financial Position paragraph 4.12(a)(iv);
- the requirements of Section 7 Statement of Cash Flows;
- the requirements of Section 3 Financial Statement Presentation paragraph 3.17(d);
- the requirements of Section 11 Financial Instruments paragraphs 11.39 to 11.48A;
- the requirements of Section 12 Other Financial Instruments paragraphs 12.26 to 12.29;
- the requirements of Section 33 Related Party Disclosures paragraph 33.7.

This information is included in the consolidated financial statements of Real Life Options as at 31 March 2016 and these financial statements may be obtained from Companies House, Crown Way, Cardiff, CF14 3UZ.

2.3 Revenue

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured.

Revenue from a contract to provide services is recognised in the period in which the services are provided.

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

2. Accounting policies (continued)

2.4 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

The Company adds to the carrying amount of an item of fixed assets the cost of replacing part of such an item when that cost is incurred, if the replacement part is expected to provide incremental future benefits to the Company. The carrying amount of the replaced part is derecognised. Repairs and maintenance are charged to profit or loss during the period in which they are incurred.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, on a reducing balance basis.

Depreciation is provided on the following basis:

| | |
|----------------------------------|------------------------|
| Motor vehicles | - 25% reducing balance |
| Fixtures, fittings and equipment | - 25% reducing balance |

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised within 'other operating income' in the statement of comprehensive income.

2.5 Operating leases: Lessee

Rentals paid under operating leases are charged to the Statement of comprehensive income on a straight line basis over the period of the lease.

2.6 Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

2.7 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

1st Home Care Limited

Notes to the financial statements For the Year Ended 31 March 2016

2. Accounting policies (continued)

2.8 Financial instruments

The Company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable, loans from banks and other third parties, loans to related parties and investments in non-puttable ordinary shares.

Debt instruments that are payable or receivable within one year, typically trade payables or receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration, expected to be paid or received. However if the arrangements of a short-term instrument constitute a financing transaction, like the payment of a trade debt deferred beyond normal business terms or financed at a rate of interest that is not a market rate or in case of an outright short-term loan not at market rate, the financial asset or liability is measured, initially, at the present value of the future cash flow discounted at a market rate of interest for a similar debt instrument and subsequently at amortised cost.

Financial assets that are measured at cost and amortised cost are assessed at the end of each reporting period for objective evidence of impairment. If objective evidence of impairment is found, an impairment loss is recognised in the income statement.

For financial assets measured at amortised cost, the impairment loss is measured as the difference between an asset's carrying amount and the present value of estimated cash flows discounted at the asset's original effective interest rate. If a financial asset has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract.

For financial assets measured at cost less impairment, the impairment loss is measured as the difference between an asset's carrying amount and best estimate, which is an approximation of the amount that the Company would receive for the asset if it were to be sold at the reporting date.

Financial assets and liabilities are offset and the net amount reported in the statement of financial position when there is an enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

2.9 Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

2.10 Finance costs

Finance costs are charged to the income statement over the term of the debt using the effective interest method so that the amount charged is at a constant rate on the carrying amount. Issue costs are initially recognised as a reduction in the proceeds of the associated capital instrument.

2.11 Dividends

Equity dividends are recognised when they become legally payable. Interim equity dividends are recognised when paid. Final equity dividends are recognised when approved by the shareholders at an annual general meeting. Dividends on shares recognised as liabilities are recognised as expenses and classified within interest payable.

1st Home Care Limited

Notes to the financial statements For the Year Ended 31 March 2016

2. Accounting policies (continued)

2.12 Pensions

Defined contribution pension plan

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payments obligations.

The contributions are recognised as an expense in the income statement when they fall due. Amounts not paid are shown in accruals as a liability in the statement of financial position. The assets of the plan are held separately from the Company in independently administered funds.

2.13 Current and deferred taxation

The tax expense for the year comprises current and deferred tax. Tax is recognised in the income statement, except that a change attributable to an item of income and expense recognised as other comprehensive income or to an item recognised directly in equity is also recognised in other comprehensive income or directly in equity respectively.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the Company operates and generates income.

Deferred tax balances are recognised in respect of all timing differences that have originated but not reversed by the statement of financial position date, except that:

- The recognition of deferred tax assets is limited to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits; and
- Any deferred tax balances are reversed if and when all conditions for retaining associated tax allowances have been met.

Deferred tax balances are not recognised in respect of permanent differences except in respect of business combinations, when deferred tax is recognised on the differences between the fair values of assets acquired and the future tax deductions available for them and the differences between the fair values of liabilities acquired and the amount that will be assessed for tax. Deferred tax is determined using tax rates and laws that have been enacted or substantively enacted by the reporting date.

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

3. Judgments in applying accounting policies and key sources of estimation uncertainty

In preparing these financial statements, the directors have had to make the following judgments:

- Determine whether there are indicators of impairment of the Company's tangible assets. Factors taken into consideration in reaching such a decision include the economic viability and expected future financial performance of the asset and where it is a component of a larger cash-generating unit, the viability and expected future performance of that unit.

Other key sources of estimation uncertainty

- Tangible fixed assets (see note 13)
Tangible fixed assets are depreciated over their useful lives taking into account residual values, where appropriate. The actual lives of the assets and residual values are assessed annually and may vary depending on the number of factors. In re-assessing asset lives, factors such as technological innovation, product life cycles and maintenance programmes are taken into account. Residual value assessments consider issues such as future market conditions, the remaining life of the asset and projected disposal value.

4. Analysis of turnover

The whole of the turnover is attributable to the principal activity of the company.

All turnover arose within the United Kingdom.

5. Other operating income

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|----------------------|-------------------------------------|---|
| Net rents receivable | - | 12,115 |

6. Operating profit

The operating profit is stated after charging:

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|--|-------------------------------------|---|
| Depreciation of tangible fixed assets | 10,726 | 13,106 |
| Fees payable to the Company's auditor for the audit of the company's annual financial statements | 15,700 | 6,059 |
| Defined contribution pension cost | 64,548 | 125,725 |

1st Home Care Limited

**Notes to the financial statements
For the Year Ended 31 March 2016**

7. Employees

Staff costs, including directors' remuneration, were as follows:

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|-------------------------------------|---|--|
| Wages and salaries | 2,255,426 | 3,512,410 |
| Social security costs | 139,128 | 495,842 |
| Cost of defined contribution scheme | 64,548 | 125,725 |
| | 2,459,102 | 4,133,977 |

The average monthly number of employees, including the directors, during the year was as follows:

| | Year ended 31 March 2016 No. | 18 months ended 31 March 2015 No. |
|-------|---|--|
| Staff | 206 | 229 |
| | 206 | 229 |

8. Directors' remuneration

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|-----------------------|---|--|
| Directors' emoluments | - | 40,837 |
| | - | 40,837 |

During the year retirement benefits were accruing to no directors (2015 -1) in respect of defined contribution pension schemes.

9. Income from investments

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|--|---|--|
| Profit on disposal of listed investments | - | 36,000 |
| | - | 36,000 |

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

10. Interest payable and similar charges

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|--|-------------------------------------|---|
| Bank interest payable | - | 916 |
| Finance leases and hire purchase contracts | 606 | - |
| | <u>606</u> | <u>916</u> |

11. Taxation

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|--|-------------------------------------|---|
| Corporation tax | | |
| Current tax on profits for the year | - | 72,325 |
| Adjustments in respect of previous periods | 19,132 | - |
| Deferred tax | | |
| Origination and reversal of timing differences | 23,095 | 25,241 |
| Adjustments in respect of previous periods | (23,140) | - |
| Changes to tax rates | (220) | - |
| Total deferred tax | <u>(265)</u> | <u>25,241</u> |
| Taxation on profit on ordinary activities | <u>18,867</u> | <u>97,566</u> |

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

11. Taxation (continued)

Factors affecting tax charge for the year/period

The tax assessed for the year/period is lower than (2015 -lower than) the standard rate of corporation tax in the UK of 20% (2015 - 21%). The differences are explained below:

| | Year ended 31 March 2016 £ | 18 months ended 31 March 2015 £ |
|---|-------------------------------------|---|
| Profit on ordinary activities before tax | <u>128,310</u> | <u>534,019</u> |
| Profit on ordinary activities multiplied by standard rate of corporation tax in the UK of 20% (2015 -21%) | 25,662 | 112,144 |
| Effects of: | | |
| Expenses not deductible for tax purposes | - | 525 |
| Adjustments to tax charge in respect of prior periods | (4,008) | - |
| Other differences leading to an increase (decrease) in the tax charge | - | 279 |
| Change in tax rates | (2,787) | (470) |
| Group relief | - | (9,246) |
| Marginal relief | - | (5,666) |
| Total tax charge for the year/period | <u>18,867</u> | <u>97,566</u> |

12. Dividends

| | 2016 £ | 2015 £ |
|------------------------------|-----------|---------------|
| Dividends on Ordinary shares | - | 21,000 |
| | <u>-</u> | <u>21,000</u> |

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

13. Tangible fixed assets

| | Motor vehicles £ | Fixtures, fittings and equipment £ | Total £ |
|--------------------------------|------------------------|---|---------------|
| Cost or valuation | | | |
| At 1 April 2015 | 18,905 | 31,575 | 50,480 |
| Additions | - | 6,812 | 6,812 |
| At 31 March 2016 | <u>18,905</u> | <u>38,387</u> | <u>57,292</u> |
| Depreciation | | | |
| At 1 April 2015 | 11,239 | 18,728 | 29,967 |
| Charge owned for the period | 4,740 | 5,986 | 10,726 |
| At 31 March 2016 | <u>15,979</u> | <u>24,714</u> | <u>40,693</u> |
| Net book value | | | |
| At 31 March 2016 | <u>2,926</u> | <u>13,673</u> | <u>16,599</u> |
| At 31 March 2015 | <u>7,666</u> | <u>12,847</u> | <u>20,513</u> |

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

14. Debtors

| | 2016 £ | 2015 £ |
|------------------------------------|------------------|------------------|
| Trade debtors | 241,824 | 377,681 |
| Amounts owed by group undertakings | 969,946 | 800,923 |
| Other debtors | 1,017 | 26,791 |
| Prepayments and accrued income | 22,078 | 3,412 |
| | <u>1,234,865</u> | <u>1,208,807</u> |

15. Creditors: Amounts falling due within one year

| | 2016 £ | 2015 £ |
|------------------------------------|----------------|----------------|
| Trade creditors | 17,048 | - |
| Amounts owed to group undertakings | 45,024 | - |
| Corporation tax | 19,131 | 74,661 |
| Taxation and social security | 24,900 | 15,154 |
| Other creditors | 120,701 | 38,335 |
| | <u>226,804</u> | <u>128,150</u> |

1st Home Care Limited

Notes to the financial statements
For the Year Ended 31 March 2016

16. Deferred taxation

| | Deferred tax £ |
|-------------------------------|-------------------|
| At 1 April 2015 | 25,345 |
| Charged to the profit or loss | (265) |
| At 31 March 2016 | 25,080 |

The provision for deferred taxation is made up as follows:

| | 2016 £ | 2015 £ |
|--------------------------------|---------------|---------------|
| Accelerated capital allowances | 1,587 | 25,345 |
| Short term timing differences | 23,493 | - |
| | 25,080 | 25,345 |

17. Share capital

| | 2016 £ | 2015 £ |
|---|-----------|-----------|
| Allotted, called up and fully paid | | |
| 2 Ordinary shares of £1 each | 2 | 2 |

18. Reserves

The Company's reserves are as follows:

Share capital

Called up share capital reserve represents the nominal value of shares issued.

Retained earnings

Retained earnings represents cumulative profits or losses net of dividends paid and other adjustments.

19. Pension commitments

The company operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the company to the scheme amounted to £64,548 (2015: £125,725). Contributions totalling £9,358 (2015 -£nil) were payable to the fund at the reporting date.

1st Home Care Limited

Notes to the financial statements For the Year Ended 31 March 2016

20. Related party transactions

As 100% of the voting rights of the company are controlled within the group headed by Real Life Options, the company has taken advantage of the exemption contained in FRS 102 and has therefore not disclosed transactions or balances with entities which form part of the group. The consolidated financial statements of Real Life Options, within which this company is included, can be obtained from Companies House, Crown Way, Cardiff, CF14 3UZ.

21. Post balance sheet events

The commercial activities of Alpha Homecare (Scotland) Limited, Lowland Care Services Limited and Senior Service (Edinburgh) Limited, fellow subsidiaries of Real Life Options the ultimate parent company, were transferred to the company with effect from 1 April 2016.

22. Controlling party

The company is a wholly owned subsidiary of Real Life Options, a company in England and Wales, which is also the ultimate controlling party.

23. First time adoption of FRS 102

The policies applied under the entity's previous accounting framework are not materially different to FRS 102 and have not impacted on equity or profit or loss.